

Score for Becoming Gentleness performance October 2020

For three dancers (trio).

Stick swinging	Trio; Standing, swinging sticks, aggressive, hitting, beating.
Friezes	Trio: One dancer on feet makes pose with stick In turn, other dancers join and pose repeatedly moving in-turn, posing
Stick exchange	Trio: (Walking with stick held vertically) All sticks on ground. Walking. Either pick-up stick and pass it or take stick and return to ground But not both. (Walking with sticks held horizontally) while passing stick, another dancer also holds stick and walking – turning with another (who takes it).
Stick hypnosis	Duet: One person holds a stick and another person follows it. No contact between stick and dancer. ie dancer follows stick
Stick contact	Duet: One person holds the stick in contact with dancer who moves and stick is kept in contact Change duetting dancers so each dancer has danced with all ie stick follows dancer
Ring-a-ring-a-roses	Trio: Each dancer holds the end of the stick to create a ring and explores its freedom of movement and shape formation.
Sticks on ground	Trio Sticks are place on ground in shape Dancers arrange about sticks creating extended shape
Ending	Trio: Each dancer bangs stick on ground 5 times All sticks are banged together above head 5 times Repeat above one less time until only one time. Drop all sticks on ground. End!