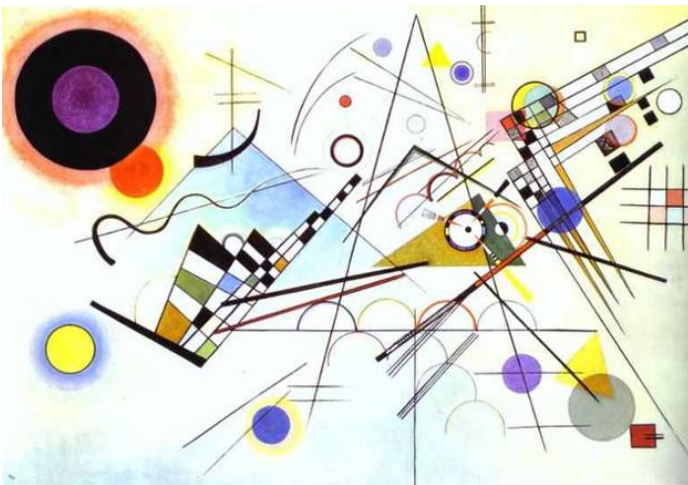




Programme

Welcome to the Garden Dance with dancers Tamsyn Stanton, Stacey Seigel, Sonia Dacamara, Andrew Wood and cellist Josie Webber.

The performance is about 15 minutes long. We are using a composition of improvised dance techniques mostly drawn from Contact Improvisation. This dance form started in the 1970's, and it's now spread throughout the world. Often taught in university dance courses, it's easy to learn and fun. It's an improvised dance – a dialogue in movement – which has a fluid and dynamic form.



Kandinsky Painting - Composition 8

This dance is not particularly allegorical although you may find oblique references to climate change in one way or another.

We've taken the paintings of abstract artist Wassily Kandinsky as an inspiration. He said: *"At that time [~1904 – 1905] I tried, by means of lines and by distribution of mottled points of colours to express the musical spirit of Russia. Other pictures of that period reflected the contradictions and later the eccentricities of Russia."*

We are dancing with 1.2 meter wooden poles which are lines moving in space. However, primarily we are dancing with our bodies and with other bodies in a 'playful physics'.

Join us

We have regular classes and dance sessions ('jams') in central Oxford which are suitable for newcomers and experienced dancers. Please see our website and join our email list or Facebook group. We're also on Instagram @oxfordcontactdance with #gardendance for this performance.

All life a dance; everyone a dancer; every moment a dance

Oxford Contact Dance

www.contactdance.org